

Stay home when you are sick.

Wear a face covering while riding the bus and at school.



Check your temperature before going to class.

Keep 6 feet physical distancing at all times.

Avoid high fives, hugs and handshakes.

Use elbows instead.



Gover your mouth and nose with a tissue when you cough or sneeze (and then throw away the tissue).

Wash hands often with soap and water for at least 20 seconds.

If soap and water are unvailable,

use an alcohol-based hand sanitizer.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Clean and **disinfect** frequently touched objects and surfaces.



Keep your food, drinks and utensils to yourself (no sharing).

Only use your own instructional supplies.

Refrain from touching other people's belongings.

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